

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:30-8am telehealth 5-6pm telehealth	2 7:30-8am telehealth	3	4 JPMHC 8-12 in-person
5	6 7:30-8am telehealth	7 7:30-8am telehealth 5-7pm telehealth	8 7:30-8am telehealth 5-6pm telehealth	9 7:30-8am telehealth	10	11 HHC 8-12 in-person
12 Holiday	13	14 7:30-8am telehealth 5-7pm telehealth	15 7:30-8am telehealth 5-6pm telehealth	16 7:30-8am telehealth	17	18 JPMHC 8-12 in-person
19	20 7:30-8am telehealth	21 7:30-8am telehealth 5-7pm telehealth	22 7:30-8am telehealth 5-6pm telehealth	23 7:30-8am telehealth	24	25 HHC 8-12 in-person
26 7:30-8am telehealth	27 7:30-8am telehealth 5-7pm telehealth	28 7:30-8am telehealth 5-7pm telehealth	29 7:30-8am telehealth 5-6pm telehealth	30 7:30-8am telehealth	31	

EVENTS

Heading

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Heading

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Heading

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