

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth	3 7:40-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth 5-7pm telehealth	4 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth 5-6pm telehealth	5 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth	6 7:30-8am telehealth	7 8am-12pm HHC in-person
8	9 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth	10 7:40-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth 5-7pm telehealth	11 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth 5-6pm telehealth	12 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth	13 7:30-8am telehealth	14 8am-12pm HHC in-person
15	16 7-8am telehealth 5-5:30pm telehealth	17 7:40-8am telehealth 5-5:30pm telehealth 5-7pm telehealth	18 7-8am telehealth 5-5:30pm telehealth 5-6pm telehealth	19 7-8am telehealth 5-5:30pm telehealth	20	21 8am-12pm WHC in-person
22	23 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth	24 7:40-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth 5-7pm telehealth	25 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth 5-6pm telehealth	26 7-8am telehealth 7:30-8am telehealth 5-5:30pm telehealth	27 7:30-8am telehealth	28 8am-12pm JPMHC in-person

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
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April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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May 2026

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June 2026

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July 2026

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August 2026

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September 2026

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October 2026

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November 2026

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December 2026

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