

# January 2026

| Sunday | Monday   | Tuesday   | Wednesday  | Thursday   | Friday                    | Saturday                       |
|--------|--|---|--|--|---------------------------|--------------------------------|
|        |  |   |  | 1<br>Holiday Closed  | 2                         | 3<br>8am-12pm HHC in-person    |
| 4      | 5<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth  | 6<br>7:40-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-7pm telehealth  | 7<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-6pm telehealth  | 8<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth  | 9<br>7:30-8am telehealth  | 10<br>8am-12pm WHC in-person   |
| 11     | 12<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth | 13<br>7:40-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-7pm telehealth | 14<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-6pm telehealth | 15<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth | 16<br>7:30-8am telehealth | 17<br>8am-12pm WHC in-person   |
| 18     | 19<br>Holiday<br>HHC open  | 20<br>7:40-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-7pm telehealth | 21<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-6pm telehealth | 22<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth | 23<br>7:30-8am telehealth | 24<br>8am-12pm HHC in-person   |
| 25     | 26<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth | 27<br>7:40-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-7pm telehealth | 28<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth<br>5-6pm telehealth | 29<br>7-8am telehealth<br>7:30-8am telehealth<br>5-5:30pm telehealth | 30<br>7:30-8am telehealth | 31<br>8am-12pm JPMHC in-person |
|        |  |   |  |  |                           |                                |